

Heel Spur (plantar fasciitis)



Heel Spur is usually the result of excessive stress and strain on the heel. The doctor will locate the target for the CellSonic pulses. A local anaesthetic such as lignocaine must be used. Use a spark head of the CellSonic machine with a focal length of 20 mm and shoot 1,200 pulses. This takes six minutes. An improvement can be felt after a week and within 4 to 6 weeks all could be cured. If not, a second treatment the same as before should fully revitalise the degenerative tissue areas. Space the treatments about a month to 6 weeks apart. Only occasionally is a third treatment needed.