

Tennis Elbow (lateral epicondylitis)



Tennis Elbow (and Golfers Elbow)

Frequently the result of excessive stress and repetitive strain on an epicondyle. After thorough diagnostic evaluation, the doctor will localise the region of interest in the elbow for the treatment. CellSonic VIPP is administered under local anaesthesia. The CellSonic treatment head with a focal range of 5 mm will be used delivering 1,000 pulses in 5 minutes. An improvement can be felt after a week and usually one treatment results in a cure. If not, treat again one month to 6 weeks later.